

Colorado Safety Association Course and Seminar Schedule

January to April 2017



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January

- 12 Forklift Operator Instructor Development
- 17 Safety Builder Construction Orientation
- 18 NSC First Aid /CPR and AED
- 19 OSHA Recordkeeping Seminar **New!**
- 21 Defensive Driving 6 Hour
- 24 Getting Up to Speed on OSHA's New Silica Standard
- 25 Excavation and Trenching Safety (Competent Person)
- 26 Fire Extinguisher Training

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February

- 1 How to Fall Safely – A Ninja Approach **New!**
- 7 Defensive Driving 4 Hour
- 14 Reasonable Suspicion Training
- 15 NSC First Aid /CPR and AED
- 15 Aerial Lift Instructor Development
- 18 Defensive Driving 6 Hour
- 23 Coaching the Van Driver
- 27 NSC First Aid /CPR and AED (Spanish)
- 28 Bloodborne and Airborne Pathogens

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March

- 7 Forklift Operator Instructor Development
- 9 Job Safety Analysis
- 16 Safety Builder Construction Orientation
- 18 Defensive Driving 6 Hour
- 20-24 Certified Occupational Safety Specialist
- 22 Breakfast Club: Breakfast with OSHA (Members Only)
- 28 NSC First Aid /CPR and AED

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April



- 4 Safety Inspections and Audits
- 5 Incident Investigation and Root Cause Analysis **New!**
- 11 Defensive Driving 4 Hour
- 19 Fire Extinguisher Training
- 22 Defensive Driving 6 Hour
- 25 Crane Safety: Working Around Cranes
- 27 NSC First Aid /CPR and AED

Registration and Info at www.coloradosafety.org

Aerial Lift Instructor Development

(8:00 am to 12:30 pm)

This course will provide you with the basic tools to establish a training program at your company. Participants will receive a basic power point presentation, checklists for skills testing, and written test. Participants should have experience operating aerial lift equipment.

Member: \$200 Alliance Member: \$225 Non-member: \$250

PGA

Bloodborne and Airborne Pathogens

(8:00 am to 10:30 am)

Session will cover an introduction to bloodborne pathogens, including hepatitis viruses and HIV, airborne pathogens including tuberculosis, proven steps to reduce exposure and prevent infection, and exposure control plans.

Member: \$55 Alliance Member: \$55 Non-member: \$70

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PGA

Breakfast Club: Breakfast with OSHA (Members Only)

(8:00 am to 9:00 am)

Topics of the moment will be discussed; you'll also have a chance to bring your questions to the table at this informal breakfast with OSHA. Join us for this informative session and a bite to eat!

This is a free Members Only event. RSVP by March 17, 2017.

Certified Occupational Safety Specialist (COSS)

(5 Days) (8:00 am to 5:00 pm)

Earn this nationally recognized designation while sharpening your skills as a safety leader. In this 40 hour class, you will learn how to read and understand the OSHA 1910 and 1926 CFRs. By learning how to work safely on a job site, you can teach your company how to lower fatalities and near misses. Upon successfully completing the class, you will obtain your national Certified Occupational Safety Specialist (COSS) designation.

Member: \$1699 Alliance Member: \$1699 Non-member: \$1997

Coaching the Van Driver

(8:00 am to 12:30 pm)

Coaching the Van Driver addresses the unique considerations of mini-van, commercial van and 15-passenger van drivers.

Member: \$65 Alliance Member: \$65 Non-member: \$75

PGA

Crane Safety: Working Around Cranes

(8:00 am to 4:00 pm)

The seriousness of hazards and the risks associated with the use of cranes will be presented from various perspectives. Content of the current OSHA standard [Subpart CC: Cranes and derricks in construction] will be reviewed with emphasis placed on crane setup and stability, rigging operations, signal person training, and situational awareness. The class is specifically aimed at riggers, signal persons, and laborers although responsibilities of operators are discussed.

Member: \$189 Alliance Member: \$189 Non-member: \$209

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PGA

Defensive Driving 4 Hour

(8:00 am to 12:30 pm)

Participants will acquire the basic knowledge and techniques to recognize potential hazards and avoid collisions and violations. Students will learn coping techniques for dealing with speeding, distracted driving, impaired driving, hazardous traffic conditions and more. The result will be a more responsible driver who understands best practices to prevent injury and death while driving a motor vehicle.

Member: \$65 Alliance Member: \$65 Non-member: \$65

PGA

Defensive Driving 6 Hour

(Saturday) (8:00 am to 3:00 pm)

Participants will acquire the knowledge and techniques to recognize potential hazards and avoid collisions and violations and why choosing safe, responsible and lawful driving behaviors and habits make personal and financial sense. They will understand that the right attitude can prevent collisions and poor-decision making, as well as how to drive defensively in unpredictable conditions.

Member: \$65 Alliance Member: \$65 Non-member: \$65

PGA

Excavation and Trenching Safety

(8:00 am to 4:00 pm)

This one-day competent person training session will cover the requirements of the OSHA excavation and trenching standards, the importance of the term competent person as well as the responsibilities and accountability required of that person. Discussion includes soil properties and their behavior in various conditions.

Member: \$189 Alliance Member: \$189 Non-member: \$209

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PGA

Fire Extinguisher Training

(includes hands-on practice)

(8:00 am to 10:00 am)

It's a fact that trained individuals are 250 percent more effective in extinguishing fires. Discussion includes sources of fire, classes of fire, extinguisher types and identification, and assessing a fire situation. Each student will receive hands-on practice using our BullEx BullsEye digital fire and laser extinguisher! Take advantage of our two for one pricing:

Member: \$55 Alliance Member: \$55 Non-member: \$75

BullEx Training System Donated by Pinnacol Assurance.

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PGA

Forklift Operator Instructor Development

(8:00 am to 4:00 pm)

Complete this one-day course to receive the tools you need to establish a training program for operators. Forklift experience is highly suggested. Materials include an instructor manual that contains information for classroom and skills sessions, diagrams, sample written exam and skills test forms.

Member: \$245 Alliance Member: \$275 Non-member: \$325

PGA

Getting Up to Speed on OSHA's New Silica Standard

(8:00 am to 10:30 am)

In March 2016, OSHA issued a final rule to limit worker exposure to respirable crystalline silica. This seminar will give an overview of the new silica OSHA regulation, explain who and what needs to be covered under employee training, discuss effective engineering controls and identify tasks that potentially expose employees to high levels of silica.

Member: \$60 Alliance Member: \$60 Non-member: \$75

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How to Fall Safely-A Ninja Approach

(9:00 am to 11:00 am)

This interactive course will provide students with the skills and knowledge required to learn to fall safely, create a movement breakdown progression that helps prepare for falls, and learn the elements involved in reactive movement and body control. Learning these reactive techniques will help lessen the severity of slips, trips and falls. This course is designed for those that have health and safety management responsibilities or crew leaders that may have role in safety.

Member: \$60 Alliance Member: \$60 Non-member: \$75

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Incident Investigation and Root Cause Analysis * **PGA**

(8:00 am to 12:00 pm)

This course will teach you how to use investigative techniques to identify the causal factors if an incident occurs and select effective corrective actions. Topics of discussion include: an introduction to basic accident investigation principles, accident analysis techniques and the basics of root cause analysis. A workshop on root cause analysis is also included.

Member: \$105 Alliance Member: \$105 Non-member: \$135

Job Safety Analysis Seminar * **PGA**

(8:00 am to 12:00 pm)

Job Safety Analysis (JSA) is a proven process used to identify, analyze and control operating hazards. This seminar will walk you through the process of a JSA. Topics include: the relationship between the worker, the task, the tools and the work environment; key elements of a JSA, hazard identification, and appropriate solutions and hazard controls.

Member: \$105 Alliance Member: \$105 Non-member: \$135

NSC First Aid/CPR and AED (also in Spanish) **PGA**

(8:00 am to 2:30 pm)

This basic First Aid and CPR course meets the OSHA requirement for first aid in the workplace and follows 2015 CPR & EEC requirements. Topics include acting in an emergency, bleeding and wound care, sudden illness, poisoning and allergic reactions, cold and heat emergencies, CPR and AED, and choking.

Member: \$65 Alliance Member: \$65 Non-member: \$65

OSHA Recordkeeping Seminar *

(8:00 am to 9:30 am)

Failure to properly maintain injury and illness records can lead to violations of OSHA requirements. This session will include a review of the recent changes in reporting and provide information on how to properly complete the OSHA forms.

Member: \$60 Alliance Member: \$60 Non-member: \$70

Reasonable Suspicion Training **PGA**

(8:00 am to 12:00 pm)

Do you, your supervisors or your employees have the skills to identify drug impaired behavior? Would you prevent a workplace accident if you could? Impairment in the work place costs businesses billions of dollars according to the Department of Labor. Understanding impairment will protect you and your company. This certificate level course will provide you with the information needed to satisfy the DOT requirements for Supervisory Training.

Member: \$150 Alliance Member: \$150 Non-Member: \$165

Safety Builder Construction Orientation * **PGA**

(8:00 am to 12:30 pm)

This course is specifically designed for newly hired and temporary construction workers as an introduction to the basic elements of workplace safety. It will provide a common sense approach to construction safety to teach them to stay safe and productive in the field. This session applies to both commercial and residential companies.

Member: \$55 Alliance Member: \$55 Non-member: \$65

PGA = Pinnacol Safety Group Approved

Safety Inspections and Audits * **PGA**

(8:00 am to 12:00 pm)

Safety, health and environmental auditing programs are designed to meet a broad range of objectives that include measuring compliance with specific regulations, industry standards or policies, and identifying potentially hazardous conditions not covered by standards. This course will address the inspection process, change analysis, hazard analysis, trend analysis, types of audits, documentation and reports, and hazard controls.

Member: \$105 Alliance Member: \$105 Non-member: \$135

Computer Based Training @ Colorado Safety Association

Come to CSA's computer lab for high quality safety training at your convenience!

Topics Available:

- Accident/Incident Investigation
- Asbestos Awareness
- Back Safety Awareness
- Confined Space Awareness
- Electrical Safe Practices
- Fall Protection Awareness
- Fire Safety
- Hand and Power Tool Safety
- Hearing Conservation
- Hydrogen Sulfide
- Personal Protective Equipment
- Safety Awareness Fundamentals (for General Industry)
- Slips, Trips and Falls

All topics are awareness level training and range from 30 minutes to 2 hours in length. Students must pass an exam to receive a certificate of completion.

Course Fees:
Members: \$32
Alliance members: \$32
Non-members: \$42

Schedule your appointment today by visiting the [CBT Courses page at www.coloradosafety.org!](http://www.coloradosafety.org)

* Register Early and Save!

Save \$10 on the listed fee when you register early for our special seminars! Early registration savings expire two (2) weeks prior to the seminar.

Questions? Call 303.373.1937



**Colorado Safety
Association**

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—www.coloradosafety.org—

Training at Your Location to Meet Your Needs

Colorado Safety Association is equipped to meet the challenges of your safety training needs. CSA can save you time and keep your most valuable asset, your employees, safe. You'll receive:

- Customized and effective training for your employees.
- Experienced trainers with hands-on experience.
- Training conducted at your location, at your convenience.

Compliance Assistance and Consulting Services

Whether you need help with OSHA compliance or just need assistance with your safety and health program, CSA has the resources to help you.

- Walk-through inspections / audits
- Safety program development
- Policy development assistance

CSA can help you prevent accidents, tighten up your safety program and prepare for an OSHA inspection.

Get Started Today! Call 303.373.1937, ext. 140

