

# FINDING CHILD CARE RESOURCES DURING THESE CHALLENGING TIMES

## Cigna Employee Assistance Program (EAP)

### Recommendations from Center for Disease Control (CDC):

#### Checklist for Teachers and Parents:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/checklist.html>

#### Considerations for School Closure

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/considerations-for-school-closure.pdf>

### Locating Out-of-Home Child Care Providers and Financial Assistance:

**Child Care Aware:** <http://www.childcareaware.org/resources/map>

**National Database of Child Care:** <https://childcareta.acf.hhs.gov/licensing>

**Office of Child Care:** <http://www.acf.hhs.gov/programs/occ/resource/ccdf-grantee-state-and-territory-contacts>

### Discounted Services:

Care.com is offering one month of free, premium memberships for health care workers and seniors looking for caregivers. These discounts can be accessed at <https://www.care.com/frontline> and <https://www.care.com/for-seniors>.

Sittercity has reduced new membership fees by 50% for those affected by COVID-19: <https://www.sittercity.com>

### Resources for Hiring an In-Home Child Care Provider:

The websites listed below are online posting boards that help families find a nanny or babysitter independent of a placement agency. These sites allow parents to place an advertisement for a caregiver or browse the resumes of nannies and babysitters who are looking for a child care position. Please note that there may be fees associated with these services and that parents are responsible for checking references. Some sites partner with background check agencies, and services are available for an additional fee. Please click on the following links for additional information:

<http://www.gonannies.com>

<https://www.care4hire.com>

<http://www.care.com>

<https://www.nannylane.com>

<https://www.seekingsitters.com>

<http://www.sittercity.com>

<https://www.urbansitter.com>

### **Nanny services:**

Also, listed below is the contact information for nanny agencies that place caregivers nationwide. Please keep in mind that in providing a list, we have not confirmed if these agencies place caregivers in your area. You may wish to contact these agencies for additional information.

#### **Tiny Treasures Nanny and Household Staffing Agency**

175 Varick Street  
New York, NY 10014  
646-290-5566

<https://www.tinytreasuresnyc.com/household-staffing-avery-indigo>

#### **Nanny Poppins, Inc.**

4 Rex Lane  
Acton, MA 01720  
888-849-6090

<https://nannypoppinsagency.com/>

For a list of nanny agencies by state, please visit the Association of Premier Nanny Agencies (APNA) website:

<https://theapna.org/apna-member-agencies/#!directory/map>

### **Creative Child Care Solutions**

Due to the temporary closure of many child care providers and schools, locating an opening at an out-of-home child care facility can be extremely difficult. Now is the time to reach out to your community. We anticipate that many child care workers who will be displaced from their jobs may be willing to offer child care services to those who still have to show up to work. It is also possible that you have stay-at-home parents or individuals in your local community network who would be happy to offer assistance. We understand that asking for help can be awkward and maybe even anxiety-inducing, but crises have the capacity to make a community stronger in unexpected ways. So, in addition to the above resources, below are some creative solutions for finding care:

- › Post to social media or online parenting groups to see if any friends or those in your local community could care for your child(ren).
- › Post to Nextdoor (<https://nextdoor.com/>) to see if anyone in your surrounding neighborhood could care for your child(ren).
- › Coordinate with co-workers to watch each other's child(ren).
- › Try to work an opposite shift of the secondary parent (if applicable) to cover needed supervision.
- › Reach out to family members and friends to see if any are available to assist.
- › Ask your supervisor if they could assist in coordinating creative care solutions. If you're a supervisor, help by being as flexible as feasibly possible to accommodate any coordination being attempted by employees in accordance with your business practices.
- › See if you can get the information from your school or day care for teachers or caregivers who may be offering temporary care. These caregivers should already be CPR and First Aid certified and will probably be the best option for any children who have special needs that have to be accommodated.
- › Call your local United Way to inquire about any additional local child care resources in your area (<https://www.unitedway.org/find-your-united-way>).



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